Mr Joe Warren Head of Year 7/ PE Teacher

Hi Year 6!

My name is Mr Warren. I have been a member of staff at Bridgwater College Academy for almost 8 years. I love the BCA culture and am proud to say that I work here. My expectation, as your Head of Year, is that we work really hard to demonstrate the 3Rs (**Respect, Responsibility and Resilience**) as much as we can around school.

I teach PE and some music lessons. I learned to teach PE because I understand how important exercise is, not only for leading a physically healthy lifestyle but also for mental health too. Exercise releases endorphins, which are natural chemicals in your body that make you feel happier. There is lots of really cool and interesting science behind PE.

I will be greeting you every morning on the door at 8:20am to start your day and will be available around the school in the Head of Year or PE office should you need me.

In my spare time I like to play football and I also play the guitar. My football team is Brentford F.C, who are in the premier league for the first time next season. I also enjoy listening to music of all kinds. I love all things Marvel and my favourite food is Pizza (this could be because my mum is Italian).

I am excited about being with you for the start your new journey at this amazing school and I hope you can’t wait for September too!