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Consultation on Update to PSHRE Policy

Dear Parent/Carer

As you may be aware, there are some updates to the teaching of Relationships and Sex Education and Health Education from September 2026. As part of the process of reviewing our curriculum provision, we will be consulting with all staff and parents from all schools across the Bridgwater and Taunton College Trust. This consultation will be to discuss your thoughts and feelings on the best methods of delivering the RSE and Health curriculum. There will be no option to remove the teaching of it.

The key dates for you are as follows:

Monday 9th February - updated policy sent to all parents for feedback - Feedback to be completed via online form shared in this communication by Monday 23rd Feb.

If you would like to find out more about the proposed Government changes to the RSHE curriculum, please take a look at the information here: Relationships Education, Relationships and Sex Education and Health Education guidance

Some of the changes/updates to the curriculum will include:

- Ensuring all elements of RSE delivery is age appropriate;
- The advancements in AI technology (knowing what is and is not real, online safety);
- Wider exploration of consent and ethical behaviours;
- Consideration of all types of relationships (including within families and friendship groups);
- An increased focus on misogyny and violence against women and girls.

We are sending this message to you now to allow you time to look into the updated curriculum, if you so wish, ahead of the consultation period.

Yours faithfully,

Mrs Sarah Evans
Headteacher of Primary

Mrs Rebecca Barber
Deputy Headteacher Secondary